Arts Therapist Offers Friday Workshops in Hastings-on-Hudson

Arts therapist Stephanie Buck is forming an ongoing expressive arts group that will meet Fridays from 10 a.m. to 1 p.m. from April through July and September through December at The Yellow Door Studios, in Hastings-on-Hudson. The group is for adults wanting to explore and work through challenging issues in their lives, expand their creativity, overcome creative blocks and strengthen their inner resources, Buck says.

“The creative process is a therapeutic process,” she says. “This work is profound and delicious.”

For more than 25 years, Buck has worked with individuals, families and groups as a licensed creative arts therapist. She was director of art therapy at the Northside Center for Child Development in New York City for 16 years, and she was also the art therapist at St. Barnabas Cancer Center in Livingston, New Jersey.

All material will be supplied for each Friday workshop, and no previous art experience is necessary. Buck offers free initial consultations for anyone interested in participating.

Cost: $80 per workshop. Location: The Yellow Door Studios, 1 North St., Hastings-on-Hudson, NY. For more info, contact Stephanie Buck at 914.478.4200 or stephanie.buck29@yahoo.com.

Bethany Arts Community Accepting Applications for Artist Residencies

Bethany Arts Community is now accepting applications for its Fall 2019 artist residency session. Based in BAC’s 44,000-square-foot building on 25 acres in Ossining, the residency program allows artists from many different disciplines to work near each other, creating opportunities for cross-pollination while also sharing their talents with the regional community. The deadline to apply is 11:59 p.m. EST on April 30.

The fall session runs from September 15 through October 26. Some 28 artists, both individuals and small groups, will be housed for one to four weeks each. There will be 12 artists on site at any given time, representing a range of art forms, including visual artists, writers, choreographers, musicians, composers, performance artists, filmmakers and theater designers. Participating artists are required to offer a public program accessible to the outside community. This may include open studio visits, presentations, teaching classes or workshops, works-in-progress showings, an exhibition or some other outreach or community engagement project.

BAC’s mission is to create an environment where many art forms can be learned, produced and flourish. Artists of all ages and levels of experience go there to explore and create. BAC offers a number of important program tracks: short-term residencies where artists live on-site and interact with the community, presenting performing arts in BAC’s converted chapel performance space, rotating exhibitions in its galleries, and adult and children’s instructional programs. BAC also offers affordable studio space.

For more info on BAC programs and residencies, visit BethanyArts.org.